

# 2020 TREATMENT MENU

At Island Glow, we use locally sourced traditional Tongan skin care ingredients, combining luxurious spa treatments with effective skin care. Our Island Glow range fuses heritage ingredients and timeless traditions with modern skincare.

## Island Glow Massage

Feel your worries and tensions dissolve under the hands of one of our masseurs. Indulge your senses with our hand-crafted organic oil, and choose from 30, 60 or 90 minutes of bliss.

30 minutes (Back, Neck, Shoulder) \$60

60 minutes (Full Body Relaxation or Deep Tissue) \$90

90 minutes (Full Body Relaxation or Deep Tissue) \$140

#### Scalp and Facial Massage

Enjoy a deep scalp massage to ease your tension. Your hair will be treated with warmed oil or conditioner, and wrapped in warm towels to absorb the deep nourishment. A light facial massage complements this soothing experience.

45 minutes \$50

#### Ultimate Body Indulgence Package

This gives you the ultimate experience of a massage, body scrub, and body wrap. Relax and enjoy the soothing indulgence over the next 2 hours, and enjoy the results of beautiful glowing skin.

Island Glow Tropical Indulgence \$190

## Island Glow Pamper Package

Treat yourself - you deserve it! This package will make your skin glow and your heart sing.

Facial, massage, and your choice of manicure or pedicure. 2 hours total - 2 treatments at 30 mins, 1 treatment for an hour - you choose \$150

#### **Couples Retreat**

This is an amazing ritual - retreat into blissful relaxation as your skin is gently buffed to perfection with a raw cane sugar or tuitui scrub followed by a deeply relaxing massage. A refresher facial concludes this paradise ritual leaving you both looking radiant and feeling renewed.

2 hours and 30 mins \$400/ couple or \$250 single

## **Body Scrub and Nourish**

Using timeless remedies, we apply a deep cleansing scrub to leave your skin soft and luminous. See why generations of women have used these ingredients to cleanse, soften, and deeply moisturise their skin. Choose from the following 2 options, with each 30 min treatment including full body scrub and deep foot massage.

Island Glow Tuitui Scrub (traditional Tongan treatment) \$40

Coconut Sugar Scrub \$40

#### **Body Wrap**

Experience a deep soothing skin treatment using fresh natural ingredients to nourish your skin. Detox and moisturise your body, and enjoy a scalp massage as you take in this deep skin nourishment and relax your mind.

Island Glow Banana Papaya Wrap (60 mins) \$100 Body Butter Wrap (60 mins) \$100

#### **Facials**

Our facials leave your skin deeply cleansed, soothed and nourished. Relax and enjoy your time. We use only fresh ingredients and bespoke Island Glow products that are carefully chosen for your skin type.

**Refresher Facial -** Instantly revive skin and restore radiance with this mini facial that will cleanse and instantly hydrate skin. (30 minutes) \$50

**Tropical Island Glow Facial** – Experience the timeless ingredients Tongan women have used for generations to make their skin glow. This facial features Tonga's famous tuitui scrub, and is suitable for all skin types. (60 minutes) \$100

**Purifying Facial** - Purify your skin and eliminate pore-clogging impurities with this deep cleansing facial. (80 minutes) \$120

**Firming Facial** - Instantly lift, firm and regenerate skin with this face contouring and firming treatment. (80 minutes) \$120



## **Hands & Feet**

## **Foot Rejuvenation**

Callus peel treatment for dry cracked feet - you will be amazed with the results

45 minute foot rejuvenation \$75 Package with express pedicure \$100

#### Island Glow Pedicure

A speciality of Island Glow, your feet will feel clean, soft, and rejuvenated. Choose from a range of colours or clear nail varnish to finish your look, and enjoy the Pure Fiji products that are part of our care.

Express Pedi – Cut, file, buff & polish (30 minutes) \$35 Deluxe Pedi – Coconut soak, foot mask, massage, cut, file, buff and polish (60 mins) \$75

#### Island Glow Manicure

Our manicures combine skin and nail care with a deep nourishing treatment that will leave your hands soft, fragrant and beautiful. Choose from a range of colours or clear nail varnish to finish your look, and enjoy the relaxing hand massage and the Island Glow products integral to our care.

Express Mani – Cut, file, buff & polish (30 minutes) \$35 Deluxe Manicure – Coconut soak, massage, mask, cut, file, buff and polish (50 minutes) \$60

## Manicure and Pedicure Package

Combine the two and enjoy the soak, massage and scrub combined with full manicure and pedicure service (100 minutes) \$100

All mani pedi services use OPI polish. For that special longlasting sheen, we use gel polish for an extra \$15 per feet or hand set (\$30 for both)

#### **Acrylic Nails**

Full set with OPI polish \$50 Full set with gel polish / glitters \$70

## **Beauty Treatments**

At Island Glow our qualified beauty therapists offer the full range of treatments to keep you looking and feeling great.

Waxing Treatment times may vary depending on ndividual, cost may reflect this.

Half leg \$40 Full leg \$60
Bikini \$30 Extended Bikini \$40
Brazilian \$65 Arms \$35
Underarm \$30 Face (whole) 60 \$60
Face (chin or sides)\$25 Face (lip) \$20
Face (Ear/Nose) \$25
MEN Beard \$70
Back \$80 Chest \$50

## Eyebrows / Eyelashes

Eyebrow Shaping \$20 Lash or Brow Tint \$20 Both Lash and Brow Tint \$30

# Hair and Make-Up

At Island Glow, we offer a hair and beauty salon, specialising in make-up and hair styling for bridal parties, functions, or for when you want to shine. We use high-end hair products to ensure your style withstands the local climate, and Mac make-up products to create flawless and lasting beauty.

## Island Glow Make-over Package

We offer a range of styles including pin-ups, rolls, twists and soft cascading curls. And our make-up for natural and fresh looks through to full glam. Discuss your look with our professional stylist who can advise on what will suit you and how to create that wow factor.

Make-up only \$60 Make-up and Hair Package \$80

